# BOOKS THAT MIGHT BE HELPFUL

**For Children:**

Learing to Slow Down and Pay Attention

Cliques, Phonies and Other Baloney

Bullies Are a Pain in the Brain

The ADDed Touch

How to Take the Grrr Out of Anger

How to do Homework Without Throwing up

Hands are not for Hitting

Putting on the Brakes: Young People’s Guide to Understanding Attention Deficit…

The Boys’ and Girls’ Book of Dealing with Feelings

Shelley: The Hyperactive Turtle

Distant Drums, Different Drummers

Teaching The Tiger

Too Old for This, Too Young for That: Survival Guide for the Middle School Years

**For Teens/College:**

That Crumpled Paper was due Last Week (organization for boys)

Help 4ADD @ High School

Making the Grade: An Adolescents Struggle with ADD

Survival Guide for College Students with ADD or LD

Succeeding in College with ADD: Issues…

Unlocking Potential: College and Other Choices for People w/ LD &AD/HD

**For Adults with ADHD:**

ADD Success Stories: A Guide to Fulfillment for Families with Attention Deficit Disorder

Attention Deficit Disorder in Adults

You Mean I’m not Lazy, Stupid or Crazy?

Driven to Distraction

Moms with ADD: A Self-Help Manual

Making Peace With the Things in Your Life

Finding a Career That Works for you

The ADHD Effect on Marriage

Is it You, Me or the Adult ADD?

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**Parenting:**

The Gift of Failure

Screamfree Parenting

Smart but Scattered

Get out of my Life, but First Would you take me and Cheryl to the Mall?

It’s not Fair, Jeremy Spencer’s Parents let him Stay up all Night

I Never get Anything: How to Keep Your Kids From Running Your Life

The Explosive Child

The Angry Child

The Sensitive Child

Siblings Without Rivalry

How to Talk so Kids Will Listen and Listen so Kids Will Talk

Lonely, Sad and Angry: How to Help Your Unhappy Child

Raising Resilient Children Fostering Strength, Hope and Optimism in Your Child

From Chaos to Calm: Effective Parenting

How to Handle a Hard to Handle Kid

How to Keep Your Teenage out of Trouble and What to do if you Can’t

Your Defiant Child: Eight Steps to Better Behavior

Self-Esteem Revolution in Children: Understanding and Managing the Critical

Transitions in Your Child’s Life

ADHD and Teens: A Parent’s Guide to Making it Through the Tough Years

 ‘The Answer is No’: Saying it and Sticking to it

Negotiating the Special Education Maze

Seven Steps to Help Your Child Worry Less

Children with Autism: A Parents Guide

Taking Charge of ADHD

Understanding Girls with AD/HD

Girls Will be Girls: Raising Confident and Courageous Daughters

Obsessive Compulsive Disorder: Help for Children and Adolescents

I Need Help With School! A Guide for Parents of Children w/Autism and Asperger’s Syndrome

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